



Estafiate

*an immersive music
performance inspired by the
healing nature of plants*

presented by

Teletextile

Dreams and Stomach Aches

Estafiate is a plant grown in my grandmother's garden on the west side of San Antonio, TX. Grandma Sara made teas of estafiate as an herbal remedy for her stomach aches during her final battle with cancer when I returned home to the river city from Brooklyn, NY to help care for her in 2018. Estafiate is a Spanish word pronounced [es.ta'fja.te]. The etymology of this word is from Classical Nahuatl or the Aztec language.

After grandma Sara passed in spring of 2019 I grew curious about this mysterious plant which I could not find the English name for. The people who were using this plant as medicine were Spanish speakers of an older generation and knew it solely as Estafiate. And I still struggle with understanding Spanish fully. Estafiate's mystery started my journey into herbalism and remains a connection to my grandmother who has now passed. It took me some time to find Estafiate's English name(s). In English, Estafiate has many names, Mexican White Sage, Mexican Sagebrush, Mugwort. Its Latin binomial is *Artemisia Ludoviciana*. I also learned it has gentle mood altering powers (like chamomile) and of its traditional use in dream work - connecting one to messages sent in dreams and lucid dreaming.

With Estafiate, I want to give people the opportunity to get curious about their natural world again; the sky, the plants, the smell of the air. I saw healing in grandma's garden, in her estafiate, in her roses, in her aloe vera, in her orange trees, but I also saw healing in the little botanicas that line the streets of the west side, and the river as it flows along the mission trail. And I can tell I'm not the only one taking interest in the rediscovery and uplifting of local knowledge held by so many grandmothers, so many gardens, so many oral histories and so many forgotten stories. This work is an altar to those things we have forgotten, but somehow still flow through our blood, our river and our roots.

I now live in Grandma's home and tend to her garden of sacred herbs and plants. I don't live the way grandma lived and I'm not sure she would approve of how I have transformed her home and garden. I could not keep the orange trees alive during the big freeze. And I learned from her that from every bloom came a fruit. She is the flowering body from which I came. This piece is about that complex gratitude in which I bear fruit.

Art Direction

Pamela Martincz *Director | Composer | Harp
| Voice | Electronics*

Musicians and Performers

Charlie Welty *Upright Bass | Synthesizer | Sounds*
Eva Ayala *Trombone*
Andrew Garcia *Trombone*
Meredith Shuman *Electronics & Music Production*
Simon Nicholson *Drum | Xylophone | Percussion*
Monica Wright *Keyboard*
Miles Friday *Music Technology Consult*
Paul Millette *Percussion Consult*
Sarah Elizabeth Tijerina *Performer / Production Co-Manager*
Lilith Tijerina *Performer / Lighting Designer*
Chabrieli Rivera Roldan *Performance Artist*

sumRset Dancers

Tanesha Payne *Choreographer*
Lena Dobecka *Harp Duet | sumRset Dancer*
Coral Howard *sumRset Dancer*

Tea Service: Other Realm Botanicals

Diamond Mascorro *Herbalist / Floral Design*

Art & Production Crew

Jenny Browne *Poet - The Persistence of Mint*
Angelica "Jelli" Vlach *Stage Manager*
Yuri Cho *Costume Designer / Production Manager*
Chris Castillo *Photographer / Visual Consult*
Rikkianne Van Kirk *Illustrator*
Hilary Rochow *Graphic Designer*
Madeline Heindel *Social Media Assistant*
Ross Adams *Artist / Videographer*
Armando Estrada *DJ*

Special Thanks to Randy Guthmiller,
Manager of Visitor Experiences & Programs at Ruby City,
for giving this project a home



Pamela Martinez
She/They

*I make things & build
teams of creatives*

Pamela Martinez

Pamela Martinez is a reiki master, educator, multi-instrumentalist and composer who creates music and immersive experiences under the moniker Teletextile. Martinez's work focuses on growth and healing through nature, sound, sonic sculpture and performance. Martinez brings to life music-centered rituals that explore our connections with our inner voices and to each other. Her "Bjork-like" sound (The Boston Globe) moves from vocal layering and "electronic wizardry" (Metronome Magazine) to "dense, stormy guitar, piano and electronics" (Time Out New York). Martinez has toured extensively in the US, Europe, the UK and Asia. As a genre-hopping performer and musician, Martinez has performed violin at Carnegie Hall with a Carnatic Indian music ensemble, sang in San Francisco's historic Fillmore Theater and takes part in performance art happenings in New York City. Her recent directing and performing credits include Whisperlodge. The New York Times dubbed Whisperlodge "an unusual mix of theater and therapy" and has been featured in BuzzFeed, The Atlantic, Netflix, Vice and more with acclaim.

Pamela Martinez

Martinez is a San Antonio, Texas native who has spent the 11 years performing and creating in Brooklyn, NY, but she began calling the River City home again in 2018. Martinez creates new work with the Teletextile, a group of rotating collaborators that weave together a tapestry of music, movement, reiki and other healing rituals to create a mixture of performance and mindful awareness practices. Martinez holds a Bachelor's Degree in Music Education from Berklee College of Music in Boston and is currently seeking and MFA in Music Composition from Vermont College of Fine Arts. They specialize in creating works of deep listening, sound baths and sonic expressions and passes on the craft of music and wellbeing by teaching and leading workshops at Southtown Music Studio (SATX) located in Mercury Project Contemporary Art Space.

www.teletextile.org

IG: @teletextile

Facebook www.southtownmusic.studio

IG: @southtown.music.studio



Charlie Welty
She/Her

Thump! Beep! Whirrrrrrr.

Since first picking up the guitar at age 14, Charlie has gone on to become an in-demand and lauded multi instrumentalist with particular focus on the guitar, electric bass guitar, and double bass. From the first moment she hit the stage, Charlie knew that she would dedicate her life to the pursuit of excellence in performance and musicianship. She can be found in theatre pits, jazz clubs, orchestral halls, and rock stages. Charlie currently performs with Kayfabe and the Charlie Ruth Welty Trio. Charlie can also be found as a session player alongside San Antonio and Austin's best musicians.

When not teaching or performing, Charlie enjoys running, reading, and classic movies.

Charlie earned her B.A. in Music from Cal Poly Humboldt, her M.M. in String Performance from the University of Washington, and is currently a D.M.A. candidate at the University of Arizona, researching and writing on dynamics of gender in contemporary performance practices and spaces.

Charlie teaches Electric Guitar, Electric Bass, and Intro to Music Technology at the University of the Incarnate Word in San Antonio, Texas.



Eva Ayala
She/Her

*Estafiate is a story and I'm here
to add some bee bops to it!*

Eva Ayala

My Name is Eva Ayala and I'm the Principal Trombone player at UTSA. I'm a Junior Music Education Major and I love to perform! I also have experience teaching middle and high school band students.



Andrew Garcia
They/Them

*I make sounds on trombone to
add onto the acoustic experience*

Andrew Garcia

Hi! I'm a trombonist at UTSA studying Music Education, I also perform with the San Antonio Brass Band and the San Antonio Slide Association. I mostly perform classical music with a small piece of contemporary music.



Meredith Shuman

Electronics & Music Production

Meredith Shuman

Meredith is a multimedia composer for voice, percussion, brass, and is a frequent collaborator with Pamela Martinez, taking part in her 2018 immersive theater performance *Connected* in San Antonio and at the 2022 New Media Art and Sound Summit in Austin. In the 2022-2023 DAM! series, they performed at Espada Acequia in the Teletextile choir and created a geo-mapped sound experience of Lake Elmendorf and the city of San Antonio. They studied Music Composition and Music Technology at the University of Texas at San Antonio and currently work as an audio-visual technician for the Public Theater of San Antonio.



Simon Nicholson

He/Him

Vibraphonist, Percussionist, Drummer

Simon Nicholson

I play vibes and drums, mainly modern jazz, but open to anything that grooves. Been here in San Antonio for around 8 years.



Monica Wright
She/Her

*A music-to-color synesthete who
wants to bottle the initial
10-second fragrance of Home Depot
into perfume*

Monica Wright

Instructor/artist/songwriter/performer/composer/arranger Monica Wright has been musically active since 2007. The multi-hyphenate blends Pop, Neo-soul, and Folk mixed with elements of Jazz along with a tinge of show-tune flavor. One of her favorite theater experiences was playing violin for Horwath Productions' original play based on the stormy relationship of Frida Kahlo and Diego Rivera. As Monica Wright Music, D.B.A., she privately teaches piano, vocals, guitar, and strings. Outside her educator duties, Wright is a vocalist/keyboardist /bassist for rock/pop cover band @CosmicCoverSA and most recently a vocalist/keyboardist/occasional guitarist for classic pop/groove duo @SourPunchSA. Wright looks forward to her first collaboration with Teletextile in their production of Estafiate: Music for Plants!



Miles Friday
He/Him

Sounds for you to see and feel

Miles Friday

Miles is a composer, sound artist, and educator who engages with a wide range of instrumental, electronic, installation, un/notated, and building-based compositional practices. Miles' work aims to (phenomenologically) explore personal subjectivities of auditory reception, (empirically) re-think instruments and objects, and (socially) propose ways in which the field of music composition can operate more dynamically and equitably.



Sarah Elizabeth Tijerina
any pronouns

*Sarah is a Venus ruled poet
offering verse y palabra.*

Sarah Elizabeth Tijerina

Sarah Tijerina (any pronouns) is a San Antonio-based teatrista and teaching artist. After graduating from Texas State University, Sarah has returned to their hometown of San Anto to continue their work as a community-based artist and educator as a new member of the Jump-Start Performance Company, whilst continuing with teaching artistry across the city, like with folks at the Magik Theater. Her perspective is a major influence in her poetry, scripts, and performance art, as her work explores her relationship with femininity, injustice, and “nepantla”, the “in-between-ness” they balance in their identity as a Tex-Mex artist. Their work has been showcased in theaters, galleries, and performance spaces around Central Texas and they even co-founded their own theatre troupes, (Re)Appropriate, in San Marcos, TX, and San Antonio-based troupe, Teatro MOCOS (Mouths Open Collective On Stage).



Lilith Tijerina
They/She

*Lighting designer.
Illuminating performers, plants,
patterns, and projects.*

Lilith Tijerina

Lilith Tijerina is a San Antonio native multi-disciplinary teatrista with a focus in performance art, lighting design, and teaching. With a decade's worth of mentorship from Southside and Westside Chicane community theatre artists, Lilith is a well rounded theatre maker and instructor influenced by San Antonio's theory of Rasquachismo. They earned a BFA in Theatre, Performance and Production with a minor in Latino/a studies at Texas State University, and returned home joining legendary radical theatre Company Jump-Start Performance Co. She has been featured all over San Antonio, Texas, the United States, and the world. Using teatro as a medium for empowerment through storytelling, their work reflects personal experiences of oppression, trauma, and healing as a brown Chicane artist.



Chabriely Rivera Roldan

They/them/he/him

*A being who dances on the intricate
lines of doilies and sings
with the dreamy soul of Estafiate.*

Chabriely Rivera Roldan

Chabriely Rivera Roldan is a trans masc nonbinary interdisciplinary artist who has been based in San Antonio, Texas since 2015. The start of Rivera Roldan's artistic career began after their acceptance into SAY Sí, a creative youth development program, in 2016. Rivera Roldan graduated with a B.A. of Art in Spring of 2023, with a focus on New Media at the University of Texas in San Antonio.



Tanesha Payne
She/They

*As the choreographer of a
tea-centric show, I lead dancers
through the space, inviting them
to embody the delicate dance
of graceful swirls and steepes.*

Tanesha Payne

As a movement artist based in San Antonio, TX, Tanesha Payne (she/they) performs, creates, educates, and advocates for all things dance. Tanesha is the founder and artistic director of sumRset Movement, a professional contemporary dance company. She holds a BFA in Dance Studies from Texas State University and graduated Summa Cum Laude with her MFA in Choreography from Jacksonville University.



Lena Dobecka

She/Her

Kinetic story teller

Lena Dobecka

Lena is a San Antonio-based movement artist with a lifelong love and exploration of various dance styles and methods. She thrives in collaborative projects, bringing stories, feelings, and experiences to life through movement with fellow creatives.



Coral Howard

She/Her

Dancer

Coral Howard is originally from Traverse City, Michigan, and presently resides in San Antonio, TX. She earned her Bachelor of Science degree in April 2018, majoring in Public and Nonprofit Administration and Dance from Grand Valley State University. Throughout her college tenure, she had the privilege of collaborating with and performing various guest artists, GVSU faculty, and student-choreographed pieces.

In 2016, Coral performed at the American College Dance Association's National College Dance Festival hosted at the John F. Kennedy Center for the Performing Arts in Washington, D.C. Her choreographic piece, "Cognitive QUICKSAND," was presented at the 2018 American College Dance Association East-Central Regional Conference.

Following her graduation, she joined the Big Muddy Dance Company's Convergence Trainee Program, where she debuted her original work, "TI/echo/ME," in the Convergence showcase. She then went on to dance as a company member with Ashleyliane Dance Company.

Amidst the challenges posed by the Covid-19, Coral temporarily paused her dance endeavors. However, she has recently resumed her passion for dance and is currently dancing with SumRset Movement under the tutelage of Tanesha Payne.



Arcelia Jaramillo

She/They

Dancer

Arcelia Jaramillo

Arcelia Jaramillo is an instructor, choreographer, and dancer with over ten years of experience in dance education and performance. She holds a B.A. in Dance and a minor in Education from the University of Houston. Arcelia is the dance director of the all-girls school, Young Women's Leadership Academy, and a dance member of sumeRset Movement, a professional contemporary dance company in San Antonio, Texas.



Grace Hoyland
She/Her

*Grace is so excited and honored to
move with other sumeRset Movers
as one element of Estafiate!*

Grace Hoyland

Grace is thrilled to be joining sumeRset Movement as part of Estafiate. She has loved continuing to find opportunities to dance into adulthood, especially here in San Antonio. Grace is grateful to have the opportunity to create and move alongside such wonderful dancers and build a wider community through incredibly thoughtful and engaging projects like Estafiate.



Krysteen Villarreal

Dancer

Krysteen Villarreal

Krysteen Villarreal is a versatile dancer with extensive training across multiple disciplines. Since early 2023, she has been a valued member and collaborator with sumRset Movement, contributing to various projects with the AM Project, Teletextile, and the San Antonio Dance Festival. Krysteen also has over a decade of experience in Swing Dancing and has showcased her skills at renowned Swing Dance festivals nationwide leaving a lasting impression with her dynamic performances.

Beyond her achievements on stage, Krysteen is a dedicated studio manager and Master Barre Instructor for COREFIT Pilates & Barre in San Antonio, Texas, where she inspires others to discover the transformative power of movement. Krysteen also lends her expertise as an adjudicator for MA Dance regional and national dance/drill team competitions, where she evaluates and provides valuable feedback to aspiring dancers. Inspired by both classical traditions and contemporary exploration, Krysteen is committed to telling compelling stories through movement, weaving together deep-rooted themes and complex characters to captivate audiences.



Amanda Orozco

Dancer

Amanda Orozco

@sing_dance_write_love



Sarah Starkweather

Dancer

Sarah Starkweather

[@shakeitstarky](https://www.instagram.com/shakeitstarky)



Diamond Mascorro
She/They

herbalist / flower fairy / tea witch

Diamond Mascorro

Born and raised in San Antonio, Diamond fuses her passion for art and design with her unwavering curiosity for alternative healing practices. Receiving a BA in Graphic Design, studies in architecture, delving in yoga, ayurveda, and plant medicine; integrating creativity & healing has been a living theme. In 2020 they started Other Realm Botanicals. A floral apothecary offering artful floral design services as well as seasonally inspired herbal products. She continues to be inspired by the healing power of nature, community and how the two intertwine to create stories and meaning in our life. Catch them outside.

@the_other_realm



Angelica “Jelli” Vlach
He/They/She

I’m doing the Stage Manage :)

Angelica “Jelli” Vlach

Angelica “Jelli” Vlach is a newer stage manager checking out the art scene. They have done stage managing previously with the Public Theater of San Antonio, and with Teletextile’s recent project “DAM!” He is looking forward to the future in regards to art, theater, and hands on storytelling.



Yuri Cho
She/Her

*Bringing nature to life
in all of its seasons.*

Yuri Cho

Yuri Cho is the Production Manager and Costume Designer for Estafiate. She works as a Compensation Specialist by day and supports the arts at night through a variety of roles. Originally from Brownsville, TX, Yuri works primarily in the San Antonio area today.



Chris Castillo

He/Him

*Chris transforms shadows into
lights, pushing his camera
to reveal unseen worlds.*

Chris Castillo

San Antonio's Chris Castillo captures art & life with photography (BA). He helps manage a library (MLS) and co-founded The Lullwood Group (exhibitions). Fiesta Cornyation (charity/theater) finds him behind the scenes.



Rikkianne Van Kirk
She/Her

Pamela inspires me to draw.

Rikkianne Van Kirk

Negative space plays a large role in my work. It allows the viewer to place themselves, their thoughts and expectations, into the piece. I am a fan of the written word and collect quotes and fancy, old timey one-liners. My art honors and reclaims the sentimental. It strives to show the vulnerability, the softness, of personal history.



Ross Adams

Visual Artist Videographer

I make experimental music videos and live visuals - I have written different bios over the years but they never sound quite right. I give music a visible form dictated by its energy. I embrace the hands-on elements of production. Sometimes these visible forms become abstracted stories. I hope you enjoy them.

<http://www.rossadams.co.uk>



Hilary Rochow
She/Her

Artist, Designer

Hilary Rochow

Hilary Rochow is a multidisciplinary artist, designer, and curator living and working in San Antonio, Texas. She holds a Bachelors of Industrial Design from Auburn University. Her formal training in design informs her understanding of visual communication and cognition, which is clear in her fine art work. Hilary is known for her drawings of impactful animal figures in black ink on clean backgrounds. More recently, she has been exploring ceramics where she employs her eye for detail in the form and texture of her sculptures and functional ware. Her lifelong adoration of the natural world weaves its way into her choice of animal and plant subjects. Hilary's drawings have been published in Passage, an online arts publication based in Dallas, and she has been featured in The San Antonio Current as well as Glasstire. She has shown work at multiple galleries including Flax Gallery, Space C7, Mercury Project, and FL!GHT. She also operates her own gallery in the Southtown Arts District, Rojo, as well as curates for Under Construction, a two person exhibition concept. Hilary is most often found in her Southtown studio alongside her two loving dogs and one very bad cat.

instagram: [@flye_like_a_fox](https://www.instagram.com/flye_like_a_fox)
website: hilaryrochow.com



Armando Estrada

***DJ / VJ / Projectionist
/ Empower House Radio Manager***

Armando Estrada

@todochild0



Thank You



**ARTS &
CULTURE**



**MERCURY
PROJECT**



RUBY CITY

*Dedicated to Sara Garcia and all
those who came before planting roots
and growing flowering bodies.*